



# Richard Brodsky's JOURNEY OF HOPE

# 2023



RICHARD M. BRODSKY FOUNDATION  
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richardm.brodsky@gmail.com

[www.5kaidscancer.com](http://www.5kaidscancer.com)

[www.worldaidsmarathon.com](http://www.worldaidsmarathon.com)

[www.richardmbrodsky.org](http://www.richardmbrodsky.org)

September 15, 2023 **There are no other marathon runners in the world who run marathons who are living with HIV + brain cancer. This is the only marathon on World AIDS Day in North America to honor the memory and loss of 40,000,000 souls who died from AIDS**

Dr. Bonyo | Bonyo's Kenya Mission | 1569 Vernon Odom Blvd. | Akron, OH 44320

RE: World AIDS Marathon + 4 orphan dinner dances + medical care for orphans

Dear Dr. Bonyo: **This Event is being presented by Rockaway Business Alliance & Richard M. Brodsky Foundation**

On World AIDS Day, Dec 1, 2023, the Richard M. Brodsky Foundation, a 501(c) (3) public charity will sponsor its inaugural World AIDS Marathon, half marathon, 10K & 5K on the Rockaway boardwalk in Queens, NY. Proceeds from these running events will fund the Foundation's work in Kenya & America. Our team will visit Kenya from Dec 3 - 15 to provide medical care + medicine for 800 - 1,000 orphans at 4 orphan dinner dances, two day of art, music & dancing for special needs kids + a running Event. Our mission is to improve the lives of people living w/ HIV in Kenya. Proceeds will also benefit Harmony HealthCare Long Island, St. John's Episcopal Hospital, and Northwell Health + \$750, \$500 & \$250 to non-profits for 3 teams who recruit the most registrants with respect to registration fees.

Since 2004, the Brodsky Foundation, with your help, has donated \$590,000+ in goods & services for helping people, especially children living with HIV or cancer, in Africa & America. Donations have also funded 49 festive orphan dinner dances for 12,780 Kenyan orphans, AIDS & cancer research, free concerts, 20 local 5K running events (4 were free), toys for children living with HIV and/or cancer & toiletry/gift items for people living with HIV or cancer on Long Island.

In addition, medical care and in many cases lifesaving treatment has been provided for 3,102 orphans treated at the orphan dinner dances since 2011. Placing a value on this work is not plausible. 3,500+ people were tested for the AIDS virus at the World AIDS Marathon since 2006. One of the groups testing reported HIV+ results in more than 28% of those tested, while on Long Island, the comparable rate is 1%.

Why I started the Foundation back in 2004? I was diagnosed HIV+ in 1997. In 2002, I was diagnosed with brain cancer and given 2 - 4 years to live. I promised my wife Jodi that if I survived cancer with her help, I would do everything I could to help people, especially children, living with HIV or cancer. There are still 630,000 people dying from AIDS every year. I recently turned 71 years young. 11 of my last 30 marathons have been my fastest since my cancer diagnosis. I think that people, even those living with HIV and cancer, can reverse their aging process if they lead a healthy lifestyle. On October 10, 2021, I finished the Mohawk-Hudson Marathon in 04:17:13 which qualified me, a proud grampa of 4, to run my 2nd Boston Marathon in 2023 at age 70!

For people living with HIV or cancer: exercise, eat healthy, don't smoke or drink alcohol, and never have unsafe sex if you and your partner are not committed to a monogamous relationship. To government, business and society, "people living with so-called fatal illnesses can lead healthier productive lives if we have affordable access to doctors and medicine."

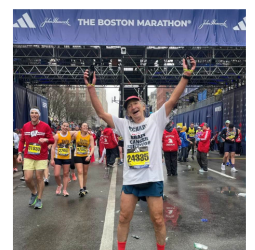
For the following donations, sponsors will receive: \$50, the book, *Richard Brodsky's Journey of Hope*; \$100, your names will appear on Event T-shirt; \$200, your logo and link to your website will appear on the World AIDS Marathon website plus 2 t-shirts; \$500, co-sponsor an orphan dinner dance for 250+ orphans, and receive all promotional benefits as smaller donor categories. Certificates of Appreciation for the World AIDS Marathon + events in Kenya will be sent to anyone donating \$25+. Kindly complete the attached sponsorship card and return as noted. Cash donations should be received by Nov. 12<sup>th</sup> with your logo,

People in our very own and global communities are counting on you and me to make a difference in their lives. Please join me in my fight against AIDS and cancer. Thank you on behalf of all people afflicted with HIV & cancer.

Very Truly Yours,

Richard Brodsky, President  
Richard M. Brodsky Foundation

[www.richardmbrodsky.org](http://www.richardmbrodsky.org) Foundation website  
[www.worldaidsmarathon.com](http://www.worldaidsmarathon.com) marathon website  
[www.treblood.com](http://www.treblood.com) book website  
[www.5kaidscancer.com](http://www.5kaidscancer.com) 5k run/walk in America website



**Richard completing  
2023 Boston Marathon**



# WORLD AIDS MARATHON HALF MARATHON, 10K, 5K



acknowledge and honor the loss and memory of 40,000,000 souls.

**REGISTER ONLINE :** <https://events.elitefeats.com/worldAIDSmarathon23>

Proceeds will be donated to St. John's Episcopal Hospital, Harmony HealthCare Long Island, Northwell Health + the Foundation's annual projects in Kenya, visit [www.worldaidsmarathon.com](http://www.worldaidsmarathon.com)

Event is being presented by Rockaway Business Alliance to benefit the Richard M. Brodsky Foundation.

Dec. 1, 2023

10 AM START

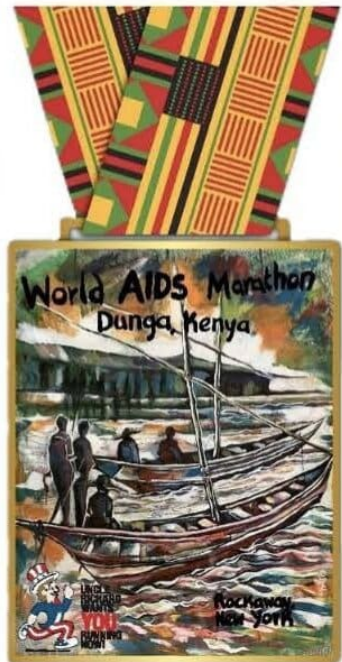
Beach 73rd Street and  
Rockaway Beach Boardwalk,  
Queens, NY



## T-SHIRTS / MEDALS

All participants will receive an event t-shirt and medal. T-shirt is painted by Kenyan artist Edward Orato.

Top 3 finishers in each race, overall and masters winners m/f will receive a trophy.



718-634-3200



[rockawaybusinessalliance.org](http://rockawaybusinessalliance.org)



[bohemiatrackclub.org](http://bohemiatrackclub.org)



[lirrc.org](http://lirrc.org)



[allroundfoods.com](http://allroundfoods.com)



[strideawards.com](http://strideawards.com)



Cornell Cooperative Extension  
Suffolk County

[ccesuffolk.org](http://ccesuffolk.org)



MALIK Fraternity, Inc.



UNCLE  
RICHARD  
WANTS  
**YOU**  
RUNNING  
NOW!

MARATHON  
HALF MARATHON  
10K  
5K



**REGISTER NOW !**

LIVE or VIRTUAL



CONTACT INFO: Richard Brodsky, [richardm.brodsky@gmail.com](mailto:richardm.brodsky@gmail.com)



# The Richard M. Brodsky Foundation

would like to extend its heartfelt thanks to

In Loving Memory of Terry Bisogno



for being a 'Racing to Save Lives Sponsor' for the 2022 World AIDS Marathon and its related Events. 641 orphans dined & danced + 186 orphans were examined and treated by doctors at 4 orphan dinner dances, + a day of art lessons/exhibits and a concert for special needs kids in conjunction with the 16th annual World AIDS Marathon on World AIDS Day, Rockaway Beach, NY and 5K run in Kenya. 110 runners participated in the full + half Marathon + 10K & 5K. 85 volunteers assisted with the marathon and 150 people attended a church service in conjunction with orphan dinner dance at Word Academy. According to UNICEF, 1 in 24 Kenyan children will die before their 5th birthday. Thank you to the doctors for saving the lives of many Kenyan orphans + International & Kenyan runners, sponsors, hosts of orphan dinner dances, volunteers, art tutors, singers & dancers, + the animals that roam this page.



World AIDS Marathon t-shirt Image donated by Kenyan Artist Edward Orato. T-shirts donated by the Backer & Gural families. Matching medals & pastries donated by Glen Wolther / allroundfoods.com.



Dec. 1, 2022... World AIDS Marathon, Rockaway Beach, NY. Thank you to Bohemia Track Club for handling race day registration / bib pick-up, the 45 volunteers from Great Neck North High School AIDS Awareness Club, and a half dozen volunteers from Rockaway Business Alliance and MALIK Fraternity. There were 82 registrants and 49 finishers on the coldest, windiest day of autumn, 2022.



Dec. 12... Meet & Greet dinner organized by RMB Foundation board member Keving Ong'uti Momanyi. 37 guests w/ musical acts by Coster Ojwang & Gabiro MTU Necessary. We Love You Theresa, view QR code or video link, <https://youtu.be/Wted7R4AGZI>, to see video.



Dec. 13... Dr. Richard Sartori examining an orphan at Mama Pilista Bonyo Memorial Health Center.



Dec. 14... Thanks Eunice Owino, CBO of JIU PACHI for attending orphan dinner dance hosted by Pastor Paul Ochieng at Word Academy, great dancers, too!



Dec. 15... orphan dinner dance at the late Mama Sarah's home, Pres. Obama's grandma, hosted by Marsat Onyango, Mama Sarah's daughter. Jameelah Aziz & friends donated 215 pounds of clothing given away at all 4 orphan dinner dances.



Dec. 16... 5K run in Dunga with water views of Lake Victoria. Start and finish of 5K Free AIDS Run/Walk



Dec. 17... a day off with friends, I to r, Ignatious, me & Jodi, Dr. Sartori, Jameelah and Anne, snacking on raw sugar cane.



Dec. 18... Jiu Pachi, CBO, Eunice Owino hosted an orphan dinner dance



Dec. 19... Jiu Pachi, CBO, Eunice Owino host: Sam Olu, George Omondi Odongo & Edward Orato were art tutors for special needs kids; musicians Kysh Robert's & Gabiro MTU Necessary danced & sang with the kids.



WORLD AIDS MARATHON.COM

certificate design  
by: Lindsey Mayer Photography  
lmmphoto.com





## Prominent Groups and Individuals Who Have Expressed Support of the Foundation

**President Joseph R. Biden** - On behalf of the American people, I extend my heartfelt appreciation to you for your volunteer leadership, and I encourage you to continue to answer the call to serve. The country is counting on you.

**President Barack Obama** - AIDS is the worst public health crisis in human history, and finding a cure is a priority of mine. But government cannot fight AIDS alone. People like you are invaluable working at the grass roots to show the human face and spirit that I believe will ultimately defeat AIDS. I wish you all the best for a successful race.

### **President Bill Clinton**

- The HIV/AIDS epidemic is one of the most urgent problems of our time and it needs the voices, energy, and involvement of people like you.

### **United States Senator Ted Kennedy**

- I wish you all the best in your continuing battle against HIV/AIDS. I commend you for all you're doing to raise money for a cure.

### **Congressman Thomas R. Suozzi**

- I thoroughly wish you all the best in your continuing battle against HIV/AIDS and I commend you for all you're doing to raise money for a cure.

### **Former United Nations Special Envoy to HIV/ AIDS in Africa, Stephen H. Lewis**

- I wish you every triumphant success. There can be no objective on this planet more worthy than to overcome the pandemic of HIV/AIDS.

### **Michael Nyagah Mainge, Nakuru, Kenya**

- But a prophet is coming. It is said that a prophet is not recognized in his homeland. Richard Brodsky (read AIDS prophet) is flying from his homeland for a purpose - to continue with the awareness that is slowly sliding to oblivion. Are we going to heed his call or despise his noble efforts?

### **Ronald Fatoullah, Co-chair of the Board of Directors of the Long Island Alzheimer's Association**

- A heartfelt thank-you to Richard and Jodi Brodsky and the Richard M. Brodsky Foundation for their exceptional efforts in fighting HIV/AIDS and in assisting those with brain cancer. Richard, your life history is truly an inspiration to all of us!

### **Dr. Anton Berzins, Great Neck North High School, school psychologist**

- It's easy to bring out the best in our students when we focus our energies on a worthy cause, and a wonderful human. The kids see your generosity, kindness, and perseverance, and respect that.

### **Harvard Medical School, Dr. Bruce Dezube**

- Yours is a beautiful message of hope.

### **Mike Polansky (Former President of the Greater Long Island Running Club)**

- There is no harder working team of race directors on Long Island than Richard and Jodi Brodsky.

### **Geri Barish, Exec. Director of Long Island Breast Cancer Action Coalition (Hewlett House – cancer resource center)**

- Thank you for the wonderful work you do for the AIDS & Cancer Community. Through your awareness programs, runs and other events you have brought a positive and educational awareness to so many.

### **Professor Asher J. Matathias, President Long Island Lodge#1353, B'nai B'rith**

- May the Almighty grant you good health, much love, and the will to continue your work. You are a beacon for people living with HIV and cancer.

### **Reverend Wanda Meyers, Living Hope Fellowship of Massapequa**

- I pray God's richest blessings upon you as you continue to make a difference in the lives of others. You have certainly made a difference in mine.

### **Dr. Bruce Hirsch, Northwell Health**

- Your marathoning is a living inspiration. When I see you run, I smile and start to jog myself.

### **Mayor Jean Celender, Village of Great Neck Plaza**

- I wish to commend Richard on his remarkable journey to encourage people living with HIV + cancer to live healthy productive lives. You are inspiring many and making a difference in the fight for a cure.

### **Former Town of Hempstead Supervisor Kate Murray**

- Our township salutes you and we offer our hearts, minds + hands to assist in all of your noble endeavors.

### **Tarika James, Chief Medical Officer of Harmony Healthcare Long Island**

- It is great that Richard Brodsky has an everlasting passion for supporting research towards AIDS + cancer.

### **Jerry S. Laricchiuta, CSEA President of Local 830 Nassau County**

- Richard Brodsky is an unbelievable champion for those who suffer from illnesses such as AIDS + cancer. Support his cause, he is the real deal.

**Jewish World, Albany, NY** - Says Brodsky in 2019 at age 67, "I know I don't fit the profile to be running marathons with HIV and brain cancer. I'm 20 pounds overweight for a marathon runner and I should be 20 years younger. In the past two years I ran 10 marathons including my first Boston Marathon."



Jodi has agreed to run a marathon with me for my 100th birthday and I will not deprive my wife of my present.



**Richard M. Brodsky Foundation's Mission:** To improve the lives of people, especially children, living with HIV & cancer in Africa & America + raise awareness that 2/3 of the people dying from AIDS live in sub-Saharan Africa. A LACK OF DOCTORS, MEDICINE, AFFORDABLE HEALTHCARE, EDUCATION, CLEAN DRINKING WATER & NUTRITIOUS FOOD COMBINED WITH AN ABUNDANCE OF POVERTY, HUNGER, MALARIA & TUBERCULOSIS is the reason why 1 child in 24 will die before they are 5, as per UNICEF, and one of the leading causes of death is hunger.



For more info about the Richard M. Brodsky Foundation, World AIDS Marathon, 5K AIDS / Cancer Run / Walk in America and the book, *Jodi, The Greatest Love Story Ever Told*, please visit the websites, [www.richardmbrodsky.org](http://www.richardmbrodsky.org), [www.worldaidsmarathon.com](http://www.worldaidsmarathon.com), [www.5kaidsncancer.com](http://www.5kaidsncancer.com) & [www.treblood.com](http://www.treblood.com). For photos of World AIDS Marathon & related events, view marathon website.



Thank you, Rockaway Business Alliance, for presenting the marathon, half, 10K + 5K on the Rockaway boardwalk + Elitefeats for timing the events. We will travel to Kenya for 12 days in early-December to sponsor 4 orphan dinner dances + provide medical care for orphans + two days of art workshops and music and dancing for special needs kids + a 5K event to honor the 40,000,000+ people who have died from AIDS.



The Richard M. Brodsky Foundation will be sponsoring its 17<sup>th</sup> annual World AIDS Marathon, half marathon, 10K + 5K on the Rockaway boardwalk in Queens, NY, USA on World AIDS Day, 2023. In early December, we will be traveling to Kenya to sponsor 4 orphan dinner dances for 800 - 1,000 Kenyan orphans + providing medical care + two days of music & dancing and art workshops for special needs kids + a 5K Event to honor the 40,000,000+ people who have died from AIDS. Since 2006, the Foundation has sponsored 49 orphan dinner dances for 12,780 orphans; since 2011, 3,102 orphans were examined & treated at the dinner dances. We are seeking runners & sponsors to make this a successful Event. The Richard M. Brodsky Foundation would like to think of itself as a mini-Doctors Without Borders, except we have an advantage. Not only do the doctors, nurses & therapists get to examine & treat the orphans, they get to dine & dance with them. For a donation of \$140, join us on Dec 3 - Dec 14 for events noted above + a Meet & Greet dinner on Dec 6 in Kisumu, Kenya.



Drs. Sartori and Bonyo examining an orphan

[Bonyo's Kenya Mission](#) photo above and below



Visit [www.worldaidsmarathon.com](http://www.worldaidsmarathon.com) & click register and/or donate for 2023 World AIDS Marathon, half marathon, 10K and 5K.





## We Ran for Bet Elazraki Children's Home!



THANK YOU, **Iris & Shalom Maidenbaum**, for your very generous donation to Emunah Bet Elazraki, and for inviting us to run the 2016 Jerusalem Marathon for Bet Elazraki Children's Home in Natanya, Israel.

*Emunah Magazine* reported that we raised \$52,000 for the children's home. Thank you, **Carol Sufian**, Executive Director of Emunah, and **Yehuda Kohn**, Director of Bet Elazraki, for all you did for this successful initiative.

I'M RICHARD BRODSKY, President of the Richard M. Brodsky Foundation, a 501(c) (3) public charity. I'm HIV+ since 1997, a brain cancer survivor since 2002, and a marathon runner for life.

As a dad living with HIV and brain cancer I know I'm blessed to be alive and share in the joy of my daughters' triumphs and accomplishments. But what about the children whose parents cannot share their lives? In Israel, there is a home, Emunah Bet Elazraki ([www.elazraki.org](http://www.elazraki.org)), where children can be loved, nurtured, educated, and cared for throughout their lives.

My wife Jodi and I were granted the privilege of visiting the home and bringing toys to the children on March 16, 2016. The toys were donated by K.I.D.S./Fashion Delivers in conjunction with its partnership with the Richard M. Brodsky Foundation.



Graphic design by Judy Harter

EMUNAH BET ELAZRAKI receives about two-thirds of its funding from the state of Israel for basic services. What makes this home special is the extra love and care bestowed on the children, thanks to private donations. They are tutored to excel in any walk of life they choose. Bar and bat mitzvahs, college, weddings—they can have it all. Much training and counseling goes into making these children whole.

I WAS PLEASED to see that 150 out of the 250 children living at Bet Elazraki participated in running shorter distances at the Jerusalem Marathon, thanks to co-director **Yehiam Sherlo**.

Below is **Yehuda Kohn**, leader and director of Bet Elazraki Children's Home, who treats these kids as if they were his own. Scores of volunteers from all over the world come here to help let these children know they are loved. Please partner with us to make sure these children are not forgotten.

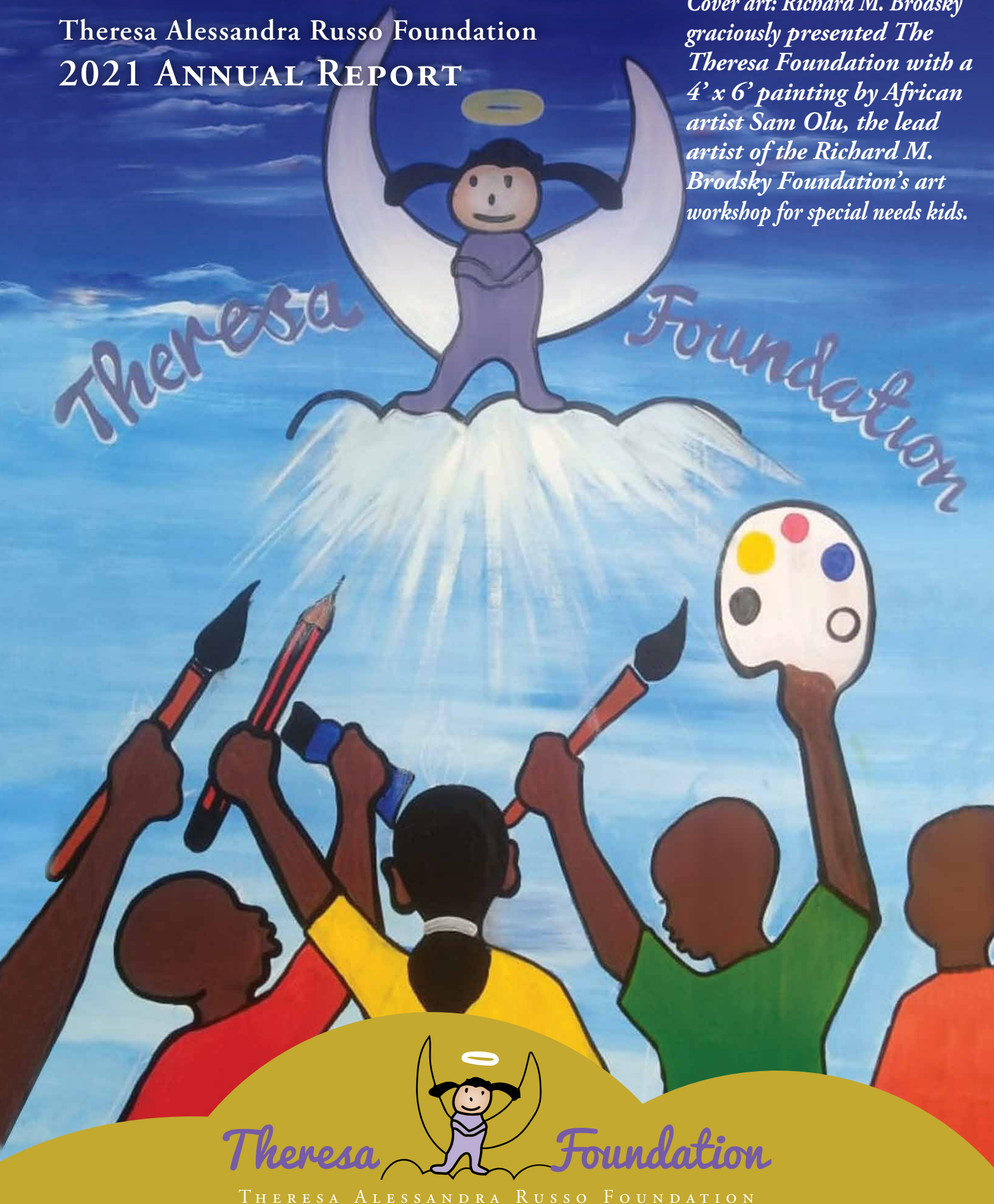
Checks made payable to **Bet Elazraki Children's Home** and mailed to Richard Brodsky, 1247 Mara Court, Atlantic Beach, NY 11509. [richardm.brodsky@gmail.com](mailto:richardm.brodsky@gmail.com)



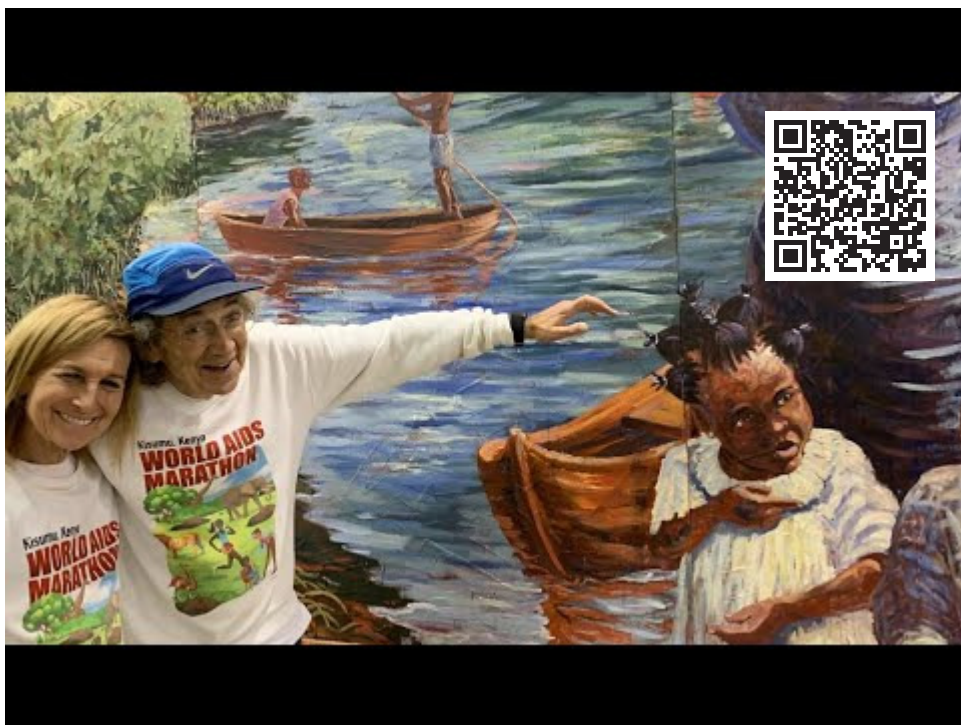


# Theresa Alessandra Russo Foundation 2021 ANNUAL REPORT

*Cover art: Richard M. Brodsky  
graciously presented The  
Theresa Foundation with a  
4' x 6' painting by African  
artist Sam Olu, the lead  
artist of the Richard M.  
Brodsky Foundation's art  
workshop for special needs kids.*







Enjoy the video World AIDS Marathoners Love Affair With Kenya on my youtube channel worldaidsmarathon.

<https://youtu.be/sGwNJbaZ-v8>.

Please subscribe, comment, LIKE and share. Why can't we embrace & celebrate diversity like my Kenyan friends.

A story of everything that Kisumu, Kenya has to offer: it's animals, artists, dancers and singers + its vibrant fishing economy bordering Lake Victoria and Kenya's incomparable runners.

### Kisumu/Dunga/Kenya needs a sister city... NYC/Rockaway?

[https://youtu.be/ivkEbq\\_wy5o](https://youtu.be/ivkEbq_wy5o). Kenya has some incredibly talented runners, musicians, singers, dancers, artists and is surrounded by Lake Victoria. The Kisumu Impala Sanctuary faces Lake Victoria; a five-minute drive from Kisumu and is at the beginning of Dunga. The video showcases Dunga through music videos with slides of Kenyan artists and even animals participating in a 5K AIDS fun run + a day at JIU PACHI where orphans dine, dance and are examined by doctors. My wish is for a cultural bridge between USA and Kenya with a pavilion in the Rockaways where Kenyans could sell their paintings, jewelry, clothing, and wood carvings; Kenyan musicians could have a venue to perform; a playground & communal bar b que area; and a fish market where fresh fish could be sold & cooked from Jamaica Bay; + a small museum/theatre which could showcase videos of Dunga and the Rockaways; and residents of the Rockaways would want to travel to Dunga.



Kisumu/Dunga/Kenya needs a sister city... NYC/Rockaway?



Thank you, Dr. Anton Berzins, faculty advisor of AIDS Awareness Club at Great Neck North High + all the students for giving voice & purpose to my videos Racing to Take the COVID-19 Vaccine; Magic Johnson, Will You Coach Our AIDS Awareness Faculty Basketball Game, and World AIDS Marathoners Love Affair with Kenya.

Great Neck North High School will be sponsoring its 11th annual sports night to benefit the Richard M. Brodsky Foundation.

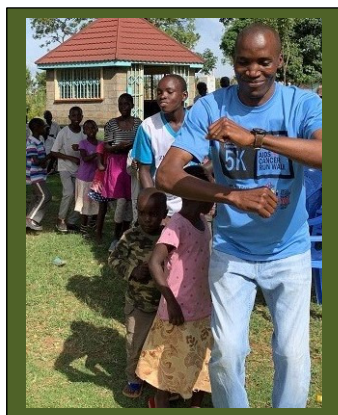
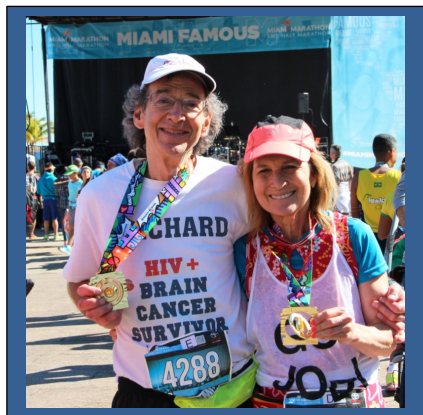
The students of the AIDS Awareness Club and Faculty Advisor Dr. Anton Berzins are working on organizing a co-ed faculty volleyball game. My best memories of GNNH sports night are when the talented students produced a video titled, "Magic Johnson, Will You Coach Our AIDS Awareness Faculty Basketball Game?"

<https://youtu.be/AfjSVJ4h49E>.



Richard M. Brodsky Foundation 1247 Mara Court Atlantic Beach, NY 11509  
Contact: Richard Brodsky Phone: (516)770-7724 [richardm.brodsky@gmail.com](mailto:richardm.brodsky@gmail.com)

**17th annual World AIDS Marathon sponsored by only person in the world who runs marathons & is living with HIV + brain cancer + running Albany, NY Marathon to help end AIDS epidemic in NY State**



The Brodsky's do everything possible to help eliminate the stigma of AIDS. Pictured above is Richard & Jodi Brodsky finishing 2015 Miami Marathon, orphan dinner dance at Pres. Obama's grandmother's home and start of 2016 World AIDS Marathon.

Visit [www.worldaidsmarathon.com](http://www.worldaidsmarathon.com) and click on **REGISTER NOW** for 2023 World AIDS Marathon, half marathon, 10K or 5K on Rockaway Boardwalk, Queens, NY on World AIDS Day, December 1.

The Richard M. Brodsky Foundation's Mission Statement is heartwarming in many ways: To improve the lives of people, especially children, living with HIV and cancer in America and to raise awareness that 2/3 of the people dying from AIDS live in sub-Saharan Africa. **Join us for 17<sup>th</sup> annual World AIDS Marathon, meet & greet dinner, 4 orphan dinner dances, 2 days of music & dancing + art workshops + lunch & snacks for special needs kids + a 5K running Event to honor the lives of 40,000,000+ people who have died from AIDS.**

A LACK of DOCTORS, MEDICINE, AFFORDABLE HEALTHCARE, EDUCATION, CLEAN DRINKING WATER & NUTRITIOUS FOOD COMBINED with an ABUNDANCE of POVERTY, HUNGER, MALARIA & TUBERCULOSIS is the reason why 1 child in 24 will die before his or her 5th birthday. According to UNICEF, the leading causes of childhood death are poor or nonexistent medical care, malnutrition, and hunger. To these ends, the Richard M. Brodsky Foundation has sponsored and provided for the following groundbreaking projects:

- Co-sponsored with Kenyan partners or sponsored 15 World AIDS Marathons in Kisumu, Kenya + 1 in Rockaway, NY
  - 49 festive orphan dances for 12,780 Kenyan orphans since 2006
  - Concert in Kenya in 2006 + meals, lodging and transportation for 50 Kenyan runners
- Medical care & medicine for 3,102 Kenyan orphans since 2011 which saved the lives of 900+ orphans.
  - \$31,000 in prize money for the fastest runners, a modest amount for Kenyan runners.
  - 12 children's walks for 3,200 children
  - HIV-testing for 3,500+ people (provided by others at World AIDS Marathon Event)
- 5 days of painting lessons + 3 days of concerts for special needs kids in Kenya (some grants obtained from Theresa Foundation)
  - \$2,000 which was enough money for groundbreaking for a 60 bed orphanage in Nakuru, Kenya.

To gain a better understanding about the Richard M. Brodsky Foundation, World AIDS Marathon, 5K AIDS / Cancer Run / Walk in America & the book, Jodi, *The Greatest Love Story Ever Told*, please visit the websites [www.richardmbrodsky.org](http://www.richardmbrodsky.org), [www.worldaidsmarathon.com](http://www.worldaidsmarathon.com), [www.5kaids cancer.com](http://www.5kaids cancer.com) & [www.treblood.com](http://www.treblood.com).

Donations are greatly appreciated: visit <http://www.worldaidsmarathon.com/> and click DONATE or mail to address at top of page. Photos of World AIDS Marathon and related events can be seen on [the marathon website](http://the marathon website).

*Printing donated by Maidenbaum Property Tax Reduction Group, LLC 516-336-8622*



Richard M. Brodsky Foundation 1247 Mara Court Atlantic Beach, NY 11509  
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**SCHEDULE OF EVENTS IN CONJUNCTION WITH WORLD AIDS MARATHON,  
HALF MARATHON, 10K and 5K**

**6 meals including 4 orphan dinner dances + meet & greet dinner +  
lunch w/ special needs kids and 2 days of art, music and dancing**



Friday: 12/1/23, World AIDS Day Marathon, half marathon, 10K and 5K On Rockaway Boardwalk, Queens, NY USA. There are no other marathons marking World AIDS Day in North America and this one is organized by the only person in the world who runs marathons who is living with HIV and brain cancer. Please celebrate the day with me and everyone whose lives and families have been affected by HIV and cancer as we raise money for local and global organizations and offer hope to people living with HIV and cancer and their caretakers. All other events are held in Kisumu, Kenya.

**ALL KENYAN EVENTS ARE BY INVITATION ONLY, dates are subject to change**

Wednesday 12/6, a day of art with art tutors and lunch at Jiu Pachi. 10 am – 4 pm. Paintings will be exhibited on December 14. We can discuss when Eve can have her fashion show. It can even be at an orphan dinner dances at Jiu Pachi. Art tutors: Sheryl, Maurice Opiyo, Andrew Omari, George Omondi Odongo, Sam Olu, Edward Orato

Thursday: 12/7, meet & greet dinner at Mayfair Plaza, 4th floor, opposite Family Bank Kisumu, (across the street from Imperial Hotel Express) 8 pm. Guests: artists and musicians serving as art tutors or musicians performing in 2021 and 2022 concerts; 4 Senior Athletics Kenya officials; hosts of orphan dinner dances: Marsat Onyango, Pastor Paul, Eunice Owino, Dr. Bonyo and guest; Anne and Carol; Faith & Dr. Nalwa Wafula; Eucabeth Awuonda and guest from KEMRI; Ignatious Walter Oluoch; Kevin Ong'uti Momanyi, doctors examining orphans, and Jameelah. Gabiro Mtu Messenger & Coster Ojwang will be performing live. If anyone noted on list would like to be invited to other events, kindly write me

Friday: 12/8, orphan dinner dance, Masara, Kenya (Bonyo's), 2 - 5 pm. 4 senior AK officials, Anne & Carol, Jameelah. and Ignatious

Saturday: 12/9, orphan dinner dance at Pastor Paul, 12:30 – 5 pm. 4 senior AK officials, Anne and Carol, Kevin, Ignatious, and Jameelah.

Sunday: 12/10, orphan dinner dance at Marsat Onyango's home (daughter of Mama Sarah, Pres. Obama's grandmother who died at age 99), 12:30 – 5 pm, 4 senior AK officials, Anne and her friend, Kevin, Ignatious, and Jameelah.

Monday: 12/11, 5K run to commemorate World AIDS Day starting at 6:30 am, Dunga, details to follow, DUNGA needs a sister city and Rockaway, NY is a similar seaside resort community embracing diversity.

Tuesday: 12/12, personal day

Wednesday: 12/13, orphan dinner dance at JIU PACHI 1 pm – 4 pm, 4 senior AK officials, Anne and Carol, Kevin, Ignatious, and Jameelah.

Thursday: 12/14, a day of music & dancing for Special Needs Kids, concert at JIU PACHI, 10 am – 4 pm, 4 senior AK officials, Anne and Carol, Kevin, Ignatious, and Jameelah are invited. Musicians and artists performing are: Gabiro MTU Necessary, Sam Olu, George Omondi Odongo, and Edward Orato.





As a team

Jodi & Richard Brodsky, age 71, do everything they can to eliminate the stigma of AIDS, give hope to others living w/ HIV & cancer, + offer hope to runners that they can run faster as they age. Richard qualified + ran his 2<sup>nd</sup> Boston Marathon in '23, running faster than in '18. In '24, Richard plans to run 5 marathons; Jodi plans to run 6 including her 11<sup>th</sup> straight Boston Marathon.



About 2,560,000 results (0.51 seconds)

### HIV+ brain cancer runner denied Boston Marathon entry

[myemail.constantcontact.com/HIV-brain-cancer-runner-denied-Boston-Marathon-ent...](https://myemail.constantcontact.com/HIV-brain-cancer-runner-denied-Boston-Marathon-ent...)

Apr 3, 2017 - Richard & Jodi Brodsky finishing the 2015 Miami Marathon. I will do everything I can to help eliminate the stigma of AIDS. There are people who have been accepted to the Boston Marathon in the past by making phone calls and writing compelling letters, but I have not been successful as I have already ...

### #Boston #Marathon, #HIV+ #brain cancer #marathon #runner denied ...

<https://www.linkedin.com/.../boston-marathon-hiv-brain-cancer-runner-denied-access-ri...>

Apr 15, 2017 - founder of World AIDS Marathon & 5K AIDS Cancer Run Walk, seeking to improve the lives of people living w/ HIV & cancer. Read why Reverend Wanda Faye Myers thinks it is imperative for Richard to run the Boston Marathon and how he can help others living with HIV and cancer. <http://conta.co/2oeEV9>.

### 59 Years Young, HIV+ Brain Cancer Survivor Will Be Running Long ...

[www.marketwire.com/.../59-years-young-hiv-brain-cancer-survivor-will-be-running...](http://www.marketwire.com/.../59-years-young-hiv-brain-cancer-survivor-will-be-running...)

Apr 30, 2012 - ATLANTIC BEACH, NY --(Marketwire - April 30, 2012) - Richard Brodsky was diagnosed HIV-positive in 1997. In 2002 he was diagnosed with terminal brain cancer and given 2 - 4 years to live. Brodsky's goal is to run his fastest marathon time for his 4th straight time. Brodsky's last 3...

### Richard Brodsky: Advocate | A&U Magazine

<https://aumag.org/Features>

Feb 28, 2018 - Brodsky stays vigorous and vital by running marathons, including the Jerusalem Marathon, the Nova Scotia Marathon, and the New York Marathon. His Foundation sponsors ... When Richard runs, he usually wears a T-shirt that sports the words on front, "HIV+ Brain Cancer Survivor." He's often compared to ...

### Cancer and HIV survivor says he's running for his life | Miami Herald

[www.miamiherald.com/sports/other-sports/article1939399.html](http://www.miamiherald.com/sports/other-sports/article1939399.html)

Jan 27, 2012 - The spirited, resilient Brodsky crushed the four-hour barrier with a 3:23:23 in the New York City Marathon the year after his HIV diagnosis. ... Whatever remains of his brain tumor is "dormant," she said, adding that fewer than 5 percent of patients with his type of aggressive tumor, glioblastoma multiforme, ...

You've visited this page many times. Last visit: 1/24/17

### 11th annual 5K AIDS Cancer Run Walk by Richard M. Brodsky ...

<https://groupv.com/aids-cancer-18>

I'm HIV+ since 1997, a brain cancer survivor since 2002, and a marathon runner for life. Running, leading a healthy lifestyle, and have access to medical care and medicine is keeping me strong. At age 65, seven of my last ten marathons have been my fastest since cancer. Finally, after running 56 marathons I qualified to ...

### Cancer survivor continues to run with purpose | CTV Atlantic News

<https://atlantic.ctvnews.ca/cancer-survivor-continues-to-run-with-purpose-1.3514669>

Jul 22, 2017 - A man who lives with HIV and survived terminal brain cancer, is spreading his message of wellness here in the Maritimes. ... "Right now we are enjoying the ride, and you know, even if we get slower, he says one day we will be the fastest couple marathon runners in the world. So we will shoot for that," says ...

### LIFETIME FITNESS Invites 64 Yr Young HIV+ Brain Cancer Survivor ...

[konknet.com/lifetime-fitness-invites-64-yr-young-hiv-brain-cancer-survivor-miami-b...](http://konknet.com/lifetime-fitness-invites-64-yr-young-hiv-brain-cancer-survivor-miami-b...)

Jan 26, 2017 - Richard Brodsky is HIV+ since 1997, a brain cancer survivor since 2002 and a marathon runner for life. He ran his fastest marathon in NOVA SCOTIA since his terminal cancer diagnosis on July 24, 2016 finishing in 03:53:30. Says Richard, "my wife Jodi Brodsky (formerly Jodi Slansky) is the fastest Jewish ...

### World AIDS Marathon: Invite Richard to Speak

[www.worldaidsmarathon.com/inviterichardtospeak.html](http://www.worldaidsmarathon.com/inviterichardtospeak.html)

World AIDS Marathoner & wife traveling to Kenya for 10th time. Invite HIV+ brain cancer survivor, marathon runner to speak at your school or business. -How is it I'm surviving HIV & brain cancer + running marathons? People living with HIV and/or cancer can reverse their aging process. I'm 62 years young. My last 3 ...





Ebineezer Children's Home, Kenya



Five Towns Early Learning Center, Inwood



Family Health Center, Elmont



Living Hope Fellowship Church, Massapequa



Marion & Aaron Gural Nursery School, JCC



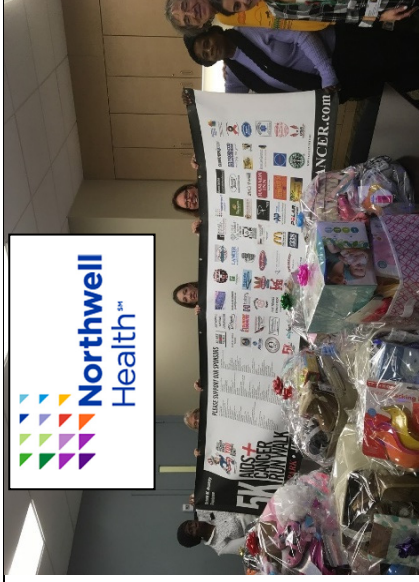
Five Towns Community Center, Lawrence



Cohen Children's Medical Center of NY



Center of AIDS Research & Treatment



St. John's Episcopal Hospital, Far Rockaway



The Richard M. Brodsky Foundation in conjunction with its partnership with Delivering Good and Toys R Us & Babies R Us, and allroundfoods.com donated \$360,000 in toys, Covid 19 food relief & cash at 120 Events from 2015 - March 2023. The 5K AIDS Cancer Run Walk or World AIDS Marathon banner was proudly displayed at all events.



# Special kids concert and painting

## Activities

Drawing  
Painting  
Music  
Dancing  
Singing

December 14, 2023  
Art Exhibition of  
Kids Paintings  
plus a Fashion Show

## Art Lesson

December 6  
@ Jiu PACHI  
from 10.00am - 4.30pm

14th December | 10am  
**2023** | 4pm

Special Needs Kids Concert  
@ Jiu Pachi

Lunch, Snacks and drinks  
will be served at  
both venues

Performing Artists

Gabiro Mtu Necessary

*Thank you Mrs. Eunice Owino for  
hosting the event*

Thank You Artist's and Musician's  
**RICHARD M. BRODSKY FOUNDATION**





## Atlantic Beach residents run for purpose

Posted May 7, 2023    NASSAU HERALD    By [Hernesto Galdamez](#)

“Go Richard! Go Richard! We love you!” That’s what Atlantic Beach resident Richard Brodsky heard while he was running in the Boston Marathon last month. The 70-year-old is no stranger to marathon running, but everywhere he goes, he is reminded of why he runs. “Just because you have HIV and brain cancer doesn’t mean your life is over,” he said.

“Two-thirds of the people that die from AIDS live in Africa, and it’s because they didn’t have access to the medicine,” he explained. “So I wanted to raise awareness, and it was tough getting anyone to take me seriously.”

He launched the [Richard M. Brodsky Foundation](#) in 2004. Its goal was not only to raise money for research for a cure or vaccine for AIDS, but also to provide food, medical care, shelter and shoes for orphans in Kenya.

“He is very strong about supporting what he does,” Jodi said. “I am glad to go along with that.”

Worlds Aids Day, marked on Dec. 1, acknowledges the 40 million people who have died of AIDS worldwide, and the Brodskys organized the World Aids Marathon in Africa for 15 years. Last December, they brought the event to Rockaway Park, in Far Rockaway, where it will be held again this year. In mid-Dec., they will make another in a series of trips to Kenya.

One doctor who takes part is Richard Sartori, whom Brodsky met in 2008. Sartori serves on the foundation’s board, has joined the Brodskys in Kenya more than 10 times and has examined and treated over 1,000 orphans since 2011.

Last month, the Brodskys and Sartori were honored by President Biden with Lifetime Achievement Awards. The award recognizes people who have devoted more than 6,000 hours to volunteering.

Since its inception, the Brodsky foundation has raised about \$555,000, and Richard hopes to continue running marathons alongside his wife until he’s 100 — health permitting, he said.

## Two life threatening diseases doesn't stop this 70 year-old from running five marathons a year

Posted June 11, 2023    BALDWIN HERALD    By [Ben Fiebert](#)



“The doctors didn’t think I was going to survive for more than 2 – 4 years after I was diagnosed with terminal brain cancer in 2002. And 21 years later, I’m still running marathons.” Within a span of five years, Richard Brodsky was diagnosed with two life-threatening illnesses, which inspired him to help others. Since 2014, he has been doing that with a 5K race for a special cause in Baldwin. In 1997, Brodsky, of Atlantic Beach, was told he had HIV, and began taking AIDS medication, which he takes to this day. Then, in 2002, he was diagnosed with terminal brain cancer, but after undergoing months of treatment, he felt well enough to run the 2003 NYC Marathon. Brodsky, a one-time architect who’s now 70, realized he was extremely fortunate for the medical care he received, and wanted to give back to those in poorer countries with weaker health care systems.

Richard Brodsky with his wife, Jodi, at a marathon they ran in Miami in 2016.

In 2004, he organized the World AIDS Marathon in Mbita, Kenya. The proceeds went to an AIDS orphanage there for children who had lost one or both parents to HIV or AIDS. Brodsky said that he always wanted to host a marathon in Africa, because that’s where AIDS is most common, and he wanted to raise awareness of the disease.

“The doctors didn’t think I was going to survive for more than two or four years after I was diagnosed with terminal brain cancer in 2002,” Brodsky said. “And 21 years later, I’m still running marathons.”

He said that his drive to continue to run is fueled by the opportunity to help others. Over the years, he estimates, he has helped save the lives of 1,000+ Kenyan orphans. He doesn’t just send money there, he said; he gets involved on the ground. “We go there, we get to take pictures, we dance with the orphans, and we feed them,” Brodsky said. “And it’s so rewarding.”



# LI Runner With HIV, Cancer Heads To Kenya To Help Orphans, 'Give Hope'

Richard Brodsky may be the only marathon runner in the world with HIV and brain cancer. With Richard Sartori, he's using running to help.



Richard and Jodi Brodsky have run a marathon on World AIDS Day for the last 19 years and raise money to help orphans in Kenya.

[Jacqueline Sweet](#), Patch Staff Posted Fri, Dec 9, 2022 at 10:33 am ET | Updated Fri, Dec 9, 2022 at 11:18 am ET



NASSAU COUNTY, NY — Richard Brodsky believes he may be the only person in the world who runs marathons while being HIV positive and battling brain cancer. The 70-year-old Atlantic Beach resident and retired architect told Patch he's been searching Google, but seems to be the only person with that unique set of circumstances.

But Brodsky isn't exactly wallowing in self-pity. The avid runner will complete five marathons this year alone and qualified for the elite 2023 Boston Marathon. On Friday, he is heading to Kenya for the 16th time, accompanied by Glen Cove pediatrician Richard Sartori.

Their mission is simple: Supporting orphaned children who need medical care, and to raise awareness for AIDS. The two, with Brodsky's foundation [The Richard M. Brodsky Foundation](#), hope to feed and provide needed care to 800 to 1,000 orphans in Kenya, Brodsky told Patch.

They ran it in Africa until this year, when they organized the [World Aids Marathon](#), held Dec. 1 in Rockaway Park. The race raised money for health services in low income Nassau County and Queens areas.

The Rockaway marathon, half-marathon, 10K and 5K race was the only marathon in North America held on World Aids Day, Brodsky said. The race acknowledges the 40 million people who have died from AIDS worldwide.



[Rockaway's Newspaper since 1893](#) | 718-634-4000

## Wavemakers

**Richard & Jodi Brodsky:**  
**Sponsors of World AIDS Marathon**

"From the beginning, we really wanted to raise awareness about the effect AIDS was having on millions of people globally, especially in Third World countries," said Brodsky.

To that end, the husband and wife team set out to help the citizens of Kenya, a country then ravaged by the HIV epidemic. They hosted their first AIDS marathon there 18 years ago and have returned almost every year since.



Brodsky's humanitarian journey began in 1997 when he tested positive for HIV. Five years later, he was diagnosed with brain cancer and given two to four years to live. Surgery removed 85 percent of his tumor, but he refused to give up. He recovered in time to run the 2003 New York City Marathon, with his oncologist running at his side. He decided then to help others enjoy the quality of life that he was able to attain, despite his illnesses.

"I recently asked Jodi if she would run a marathon for my 100th birthday," said Brodsky. She agreed. "I think we have a pretty good chance of making it," he said. "We've been married for 42 years and if I know she has a present waiting for me, I can't disappoint her."





The Richard M. Brodsky Foundation

1247 Mara Court, Atlantic Beach, NY 11509

[www.richardmbrodsky.org](http://www.richardmbrodsky.org)

The Richard M. Brodsky Foundation invites you to be a sponsor for its 2nd World AIDS Marathon, half, 10 or 5K races on Rockaway boardwalk, December 1, 2023 + the 4 orphan dinner dances + providing medical care for orphans + 2 days of art, music & dancing for special needs kids. Kindly indicate the donation you would like to make and mail your check in the enclosed envelope. Contact info: Richard Brodsky, [richardm.brodsky@gmail.com](mailto:richardm.brodsky@gmail.com) or (516)770-7724. Diagnosing cancer + treatment is also a huge problem in Africa now and needs to be addressed.

- ☐ King of Africa \$5,000
- ☐ A Star You Are \$1,000  
*sponsor orphan dinner dance*
- ☐ Patron \$500  
*co-sponsor orphan dinner dance*
- ☐ A Song For Life \$360



- ☐ A Rock Star \$250
- ☐ A t-shirt for you \$100
- ☐ A book for you \$50
- ☐ Friend \$25
- ☐ Other

Please make your check payable to the Richard M. Brodsky Foundation and mail to Richard M. Brodsky Foundation, 1247 Mara Court, Atlantic Beach, NY 11509. All donations should be received by Nov 12, 2023. For online donations visit [www.worldaidsmarathon.com](http://www.worldaidsmarathon.com) or [www.richardmbrodsky.org](http://www.richardmbrodsky.org). Thanks for partnering with me and **HELPING TO MAKE THE WORLD A BETTER PLACE THAN WE FOUND IT!**





Support The Richard M. Brodsky Foundation  
alongside students at **The Ohio State**  
**University!**

Donate today!



Scan the QR code to run  
alongside OSU students





*Thank you for  
celebrating  
with the  
only  
HIV+ brain cancer  
marathon  
runner!*

